## North East Life Benalla



## **Exercise Class Timetable**

39 Nunn Street Benalla Ph 03 5762 6866 воокіngs essential

## Current Group Timetable



Group times are subject to change, please confirm time when booking.

Monday	Tuesday	Wednesday	Thursday	Friday
7:00 am - 5:00 pm	7:00 am - 6:30 pm	9:00 am -5:00 pm	7:00 am - 6:30 pm	9:00 am - 5:00pm
	7:00am - 8:00am		7:00am - 8:00am	
9:00am - 10:00am	9:00am - 10:00am		9:00am - 10:00am	
	12:00pm - 1:00pm		12:00pm - 1:00pm	
			5:30pm - 6:30pm	