



North East Life Benalla

39 Nunn St, Benalla
Exercise Class Timetable
 Ph 03 5762 6866



BOOKINGS ESSENTIAL

Current Timetable

Group times are subject to change, please confirm booking.

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 am - 5:30 pm	7:00 am - 6:30 pm	9:00 am -5:30 pm	7:00 am - 6:30 pm	9:00 am - 5:00pm
	7:00am - 8:00am		7:00am - 8:00am	
9:00am - 10:00am	9:00am - 10:00am	9:00am - 10:00am	9:00am - 10:00am	9:00am - 10:00am
10:00am - 11:00am		10:00am - 11:00am		10:00am - 11:00am
	12:00pm - 1:00pm		12:00pm - 1:00pm	
		12:30 - 1:30pm		
	5:30pm - 6:30pm		5:30pm - 6:30pm	