



North East Life Wangaratta

20 Chisholm Street Wangaratta
Exercise Class Timetable
 Ph 03 5722 1424



BOOKINGS ESSENTIAL

Current Timetable

Group times are subject to change, please confirm booking.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am – 7:00pm	6.20am – 4:00pm	8.30am – 7:00pm	6.20am – 5:00pm	8:30am – 12:30pm	7:00am – 9:00am
	6.20am Independents only		6.20am Independents only		7:00 am – 8:00 am
	7:15 am – 8:15 am	8:30am - 9.30am	7:15 am – 8:15 am	8:30 am – 9:30 am	8:00 am – 9:00 am
9:00 am – 10:00 am	9:00 am – 10:00 am	9:30 am – 10:30 am	9:00 am – 10:00 am Please Check for Availability	9:30 am – 10:30 am	CLOSED 9.00AM
10:00 am – 11:00 am	10:00 am – 11:00 am	10:30 am – 11:30 am	10:00 am – 11:00 am	10:30 am – 11:30 am	
11:00 am – 12:00 pm Independents Only	11:00 am – 12:00 pm Independents only		11:00 am – 12:00 pm Independents only	11:30am – 12:30pm Please Check for Availability	
	BYOB 12:00 pm – 1:00 pm		BYOB 12:00pm – 1:00pm	CLOSED 12.30PM	
CLOSED 12:00pm – 4:00 pm	CLOSED 1:00 pm – 2:00 pm	CLOSED 11:30 am – 4:00 pm	CLOSED 1:00 pm – 2:00 pm		
	Falls & Balance 2:00pm – 3:00pm		2:00 pm – 4:00 pm Independents only		
	Falls & Balance 3:00 pm – 4:00 pm				
4:00 pm – 5:00 pm		4:00 pm – 5:00 pm			
5:00 pm – 6:00 pm		5:00 pm – 6:00 pm Please Check for Availability	5:00 pm – 6:00 pm		
6:00 pm – 7:00 pm Please Check for Availability		6:00pm – 7:00pm			