



North East Life Wangaratta

20 Chisholm Street Wangaratta
Exercise Class Timetable
 Ph 03 5722 1424



BOOKINGS ESSENTIAL

Current Timetable 2019

Group times are subject to change, please confirm booking.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am – 7:00pm	6.20am – 4:00pm	8.30am – 7:00pm	6.20am – 6:00pm	8:30am – 12:30pm	7:30am – 9:30am
	6.20am Independents only		6.20am Independents only		7:30 am – 8:30 am
	7:15 am – 8:15 am	8:30am - 9.30am	7:15 am – 8:15 am	8:30 am – 9:30 am	8:30 am – 9:30 am
9:00 am – 10:00 am	9:00 am – 10:00 am	9:30 am – 10:30 am	9:00 am – 10:00 am	9:30 am – 10:30 am	
10:00 am – 11:00 am	10:00 am – 11:00 am	10:30 am – 11:30 am	10:00 am – 11:00 am	10:30 am – 11:30 am	
11:00 am – 12:00 pm Independents Only	11:00 am – 12:00 pm Independents only			11:30am – 12:30pm	
	12:00 pm – 1:00 pm Independents only			CLOSED 12.30PM	
CLOSED FOR LUNCH 12:00pm – 4:00 pm	CLOSED FOR LUNCH 1:00 pm – 2:00 pm	CLOSED FOR LUNCH 11:30 am – 4:00 pm	CLOSED FOR LUNCH 11:00 am – 5:00 pm		
	Movers & Shakers 2:00pm – 3:00pm				
	Falls & Balance 3:00 pm – 4:00 pm				
4:00 pm – 5:00 pm		4:00 pm – 5:00 pm			
5:00 pm – 6:00 pm		5:00 pm – 6:00 pm	5:00 pm – 6:00 pm		
6:00 pm – 7:00 pm		6:00pm – 7:00pm	6.00pm – 7:00pm Please check for availability		