



North East Life Wangaratta

Clinical Pilates Groups

20 Chisholm Street Wangaratta
Ph 03 5722 1424



BOOKINGS ESSENTIAL

Current Group Timetable

Group times are subject to change, please confirm booking.

Monday 9:00 am – 7:00 pm	Tuesday 6:30 am – 6:30 pm	Wednesday 8:30 am – 6:00 pm	Thursday 6:30 am – 6:45 pm	Friday 8:30 am – 4:00 pm	Saturday 7:30 am – 9:30 am
	6:30 am Independents only		6:30 am Independents only		7:30 am – 8:30 am
	7:15 am – 8:15 am	8:30 am – 9:30 am	7:15 am – 8:15 am	8:30 am – 9:30 am	8:30 am – 9:30 am
9:30 am – 10:30 am	9:30 am – 10:30 am	9:30 am – 10:30 am	9:30 am – 10:30 am	9:30 am – 10:30 am	
10:30 am – 11:30 am	10:30 am – 11:30 am	10:30 am – 11:30 am	10:30 am – 11:30 am	10:30 am – 11:30 am	
				11:30 am – 12:30 pm	
				CLOSED 12:30 pm	
CLOSED FOR LUNCH 1:00 pm – 2:00 pm	CLOSED FOR LUNCH 1:30 pm – 2:00 pm	CLOSED FOR LUNCH 1:00 pm – 2:00 pm	CLOSED FOR LUNCH 1:00 pm – 2:00 pm		
	Movers & Shakers 2:00 pm – 3:00 pm				
	Movers & Shakers 3:00 pm – 4:00 pm				
4:00 pm – 5:00 pm		4:00 pm – 5:00 pm			
5:00 pm – 6:00 pm check for availability		5:00 pm – 6:00 pm check for availability	5:00 pm – 6:00 pm		
6:00 pm – 7:00pm check for availability			6:00 pm – 7:00 pm		