



North East Life Benalla

Clinical Pilates Groups

39 Nunn Street Benalla
Ph 03 5762 6866



BOOKINGS ESSENTIAL

Current Group Timetable

Group times are subject to change, please confirm booking.

Monday	Tuesday	Wednesday	Thursday	Friday
7:00 am – 5:00 pm	7:00 am – 6:30 pm	9:00 am – 5:00 pm	7:00 am – 6:30 pm	9:00 am – 5:00 pm
7:00 am – 8:00 am	7:00 am – 8:00 am		7:00 am – 8:00 am	
9:00 am – 10:00 am	9:00 am – 10:00 am	9:00 am – 10:00 am	9:00 am – 10:00 am	9:00 am – 10:00 am
		10:00 am – 11:00 am		
	5:30 pm – 6:30 pm		5:30 pm – 6:30 pm	